

The Captive Audience

Duval County Extension - August 2010

Call 904-387-8850 to register or for more information

Program location: Extension Education Center, 1010 N McDuff, unless noted

Websites: <http://duval.ifas.ufl.edu>

www.coj.net Search word: County Extension Office



Master Naturalist Program

Freshwater Wetlands Module

August 3, 5, 7, 10, 12, 14, 17, 21

Location: University of North Florida

Call Brad for details

Become a Master Money Mentor

Help families build financial stability

Training: September 15, 17, 28

9 am - 4 pm

Call Sandra for application

Limited to 12 participants

Interviews in late August

Application
deadline
August 20



Limited Commercial Landscape Maintenance Workshop

August 17

9 am - 4 pm

\$50 with manuals

\$25 for recertification

CEUs available

Register with Becky



Stressbusters

Stress Management Workshop

August 14, 10:30 am

Bradham Brooks Regional Library

Register: sandram@coj.net or call

The Latest on Prenatal and Postnatal Care

Presented by Healthy Mothers/
Healthy Babies
Community Invited. Free.

Friday, August 20, 9 - 11 am

Register by August 17 with Sandra



Literacy Volunteers Needed

Serve 4 hours a month
reading to young children

Training:

Friday, September 17
9:30 am - 12:30 pm

Register with Sandra



Re-building Your Credit

August 26

Bradham Brooks Library

1755 W Edgewood Ave

7 - 8:30 pm



Starting Vegetables from Seed

Sat., August 21, 10 am - noon

Take home a seed tray
for cool season veggies

\$15, prepayment

required

Call Jeannie to register



UF UNIVERSITY of
FLORIDA
IFAS Extension

and
JACKSONVILLE
Where Florida Begins.

More events
on page 2

www.solutionsforyourlife.com

More Extension Events

Duval County, August 2010

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To **register** or to request an educational program **at your location**, call us at **387-8850**. Extension Faculty, Master Gardeners and Master Food Educators are available to **answer your questions** in horticulture, agriculture, foods & nutrition, personal finance, personal and family well-being, housing, clothing & textiles, & youth leadership development.

4-H clubs - Contact Rick Godke to enroll youth in a club or to organize a club in your neighborhood.

Teachers - Schedule a 4-H School Enrichment program. Contact Andy Toelle for Embryology Science, Model Rocketry, and Public Speaking; Aiesha Nixon for Nutrition; Anita McKinney for High School Financial Planning Program and On My Own Financial Simulation.

August 7

Community Empowerment Expo
Main Library, 303 N Laura St, 9:30 am-1:30 pm
Exhibits & workshops on money management, conserving energy, getting a job, healthcare, and more - <http://www.coj.net/Mayor/Blueprint+for+Prosperity/CEE/Workshops.htm>

August 7

Composting and Vermicomposting
Make & take a worm bin, 10 - 11:30 am
\$10. Pre-registration required, call Becky

August 12

Financial Fun Day for youth, ages 10 to 18
9 am - 3 pm, Free - lunch provided by First Florida Credit Union

August 14

Stressbusters, 10:30 am -12:30 pm
Bradham Brooks Library

August 16, 18, 20

Money Smart series, City Rescue Mission
426 S. McDuff Ave, 8:30 am - noon, Pre-register

August 17

Limited Commercial Landscape Maintenance
Workshop, 9 am - 4 pm, \$50 for full day
\$25 for recertification, CEUs available

August 17

Sew Fun 4-H Club begins monthly meetings
2 - 5 pm, Call for more info

August 20

Deadline to apply for Florida Master Money
Mentor, Training in September (see page 1)

August 20

Latest on Prenatal/Postnatal Care, 9 - 11 am
Parents, Children, & Divorce, 1 - 5 pm, \$20

August 24

Home and Community Educators Seminar
10 am - noon

August 26

Re-Building Credit, 7 pm
Bradham Brooks Library, 1755 W Edgewood

August 28

Recent Research: Infant and Child Development
Childcare Training, 9 - 11 am, \$5

August 28

Fresh Start Accounts (formerly Get Checking)
10 am - 4 pm, Regency Library
Dollar Decisions (planning your finances)
1:30 - 4 pm

September 7 & 9

Before You Tie the Knot, 6 - 9 pm
Call Sandra to pre-register

In accordance with the Americans With Disabilities Act, any person needing a special accommodation to participate in any activity should contact the Duval County Extension Office at (904)387-8850 a minimum of seven (7) days prior to the event so that proper consideration may be given to the request. Hearing impaired persons may access the foregoing telephone number by contacting the Florida Relay Service at 1(800)955-8770 (voice) or 1(800)955-8771 (TDD).

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